

Diabetes Medicine



Healthy habits help keep your blood sugar under control.



Move your body more.



Eat healthy foods.

Many people also need to take medicine for diabetes.

Medicine also works to keep your blood sugar normal.

Your doctor may give you two or three kinds of medicines to take.

Sometimes two medicines are made together in one pill.

Kind of Medicine	What it does in your body	When to take it
Sulfonylureas <u>Trade Name</u> <u>Generic Name</u> Amery Glimeperidine Diabeta Glyburide Diabinese Chlorpropamide Dymelor Acetohexamide Glucotrol Glipizide Glucotrol XL Glipizide Glynase Glyburide Micronase Glyburide Orinase Tolbutamide Tolinase Tolazamide	This medicine helps your body make more insulin.	Take this medicine a little while before your meals. It's okay to take it with food. Don't skip your meals.
Biguanides <u>Trade Name</u> <u>Generic Name</u> Glucophage Metformin	This helps your body use insulin better. This does not lower your blood sugar.	Take this with your meal.
Thiazolidinediones <u>Trade Name</u> <u>Generic Name</u> Avandia Rosiglitazone Actos Pioglitazone	These help your body be more sensitive to insulin.	You can take this with meals, or without meals.
Alpha-glucosidase inhibitors <u>Trade Name</u> <u>Generic Name</u> Precose Acabose Glyset Miglitol	These work in your stomach and bowels. With these, your body takes in sugar from food more slowly.	Take this with meals. If you skip a meal, then skip this medicine. If you add a meal, then add a dose of medicine.
Meglitinides <u>Trade Name</u> <u>Generic Name</u> Prandin Repaglinide Starlix Nateglinide	This medicine helps your body quickly let out more insulin to lower your blood sugar.	You must take this with a meal. Do not take this if you do not eat a meal.



Public Health
Seattle & King County

HEALTHY PEOPLE. HEALTHY COMMUNITIES.